

ZBOP Menu – Week of December 11, 2017

	Morning Snack	Breakfast	Lunch	Afternoon Snack
Monday	Graham Crackers Milk	Muffins Pineapple Milk	Bologna & Cheese on Wheat Bread Salad Apple Sauce Milk	Mixed Crackers Apple Juice
Tuesday	Corn Chips Apple Juice	Grits Mixed Fruit Milk	Nachos w/ cheese and ground turkey Salad Peaches Milk	Fudge Cookies Milk
Wednesday	Fig Bars Milk	Cereal Pineapple Milk	Spaghetti w/ Ground Turkey Green Beans Apple Sauce Wheat Bread, Milk	Cheese Curls Apple Juice
Thursday	Vegetable Crackers Orange Juice	Fruit Grain Bars Pears Milk	Chicken, Rice & Broccoli Casserole Orange Slices Milk	Snack cakes Milk
Friday	Oatmeal Cookies Milk	Cereal Apple Sauce Milk	Ham Sandwich Green Beans Mixed Fruit Milk	Nacho Chips Apple Juice